



## Polar Plunge

**Saturday, February 17, 2018**

**Lakeside Park - Mayville, NY**

**Check-in starts at 12:30pm**

**Plunge at 2:00pm**

This event takes place during the President's Day Weekend Winter Festival.

Come participate in a crazy, fun experience where you plunge into freezing cold water.

Participants are asked to raise funds from friends and family to support your plunge. These proceeds benefit The Food Bank of WNY.



Participants who raise a minimum of \$50 each will receive an official 2018 Polar Plunge t-shirt.

Both individual and team participation is encouraged!

## REGISTRATION FORM

**\*\*Bring this form with you the day of the plunge\*\***

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

Phone: \_\_\_\_\_

DOB: \_\_\_\_\_

Email: \_\_\_\_\_

I am plunging as an individual

I am plunging within a team

Team Name: \_\_\_\_\_

\*All participants must complete their own registration form and bring the signed waiver to the event. Participants under 18 years of age MUST be accompanied by a parent/guardian.

### **Fundraising**

Please use the included Pledge Form to keep track of your donations. You will also need to bring this form with you on the day of the event.

### **For More Information:**

#### **Email:**

polarplunge@fhmsmed.com

#### **Facebook:**

<https://www.facebook.com/PolarPlungeMayville>



